



Bikeability Training

The Bikeability Course will give you the chance to develop the skills and confidence to cycle in today's traffic conditions. So, what do you know about being a safe road user? Try these activities to learn more about the Highway Code.

You will need to use your copy of, 'Tales of The Road. A Highway Code for Young Road Users.' Read each section carefully, before answering the questions below.

Fill in the missing words.

1. You must _ _ _ _ _ at traffic light signals and _ _ _ _ _ signs.

2. Before _ _ _ _ _ off, turning right or _ _ _ _ _ ,
or stopping, you must _ _ _ _ _ behind and make sure
it is _ _ _ _ _.

3. _ _ _ _ _ and then give a clear arm _ _ _ _ _ .

4. When turning from one road to another, p _ _ _ _ _
who are c _ _ _ _ _ that road have the priority ,
so _ _ _ _ _ way.

5. You must stop for pedestrians at z _ _ _ _ _ crossings.

6. You must _ _ _ _ _ for the _ _ _ _ _ light at traffic lights, including
those at crossings.

7. Always wear a correctly fitted _ _ _ _ _ .

8. Make sure you are dresses in the right clothes:
light, bright ,f _ _ _ _ _ scent, r _ _ _ _ _ ive.

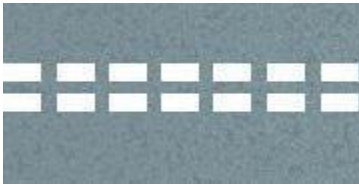
9. Use your _ _ _ _ _ and _ _ _ _ _ all the time.

Ears, fluorescent, stop, setting, crossing, helmet, eyes, give, reflective, pedestrians, zebra
,red, stop, road, left, safe, look , signal.

Match the Road Sign to the correct meaning.

		No Cycling
		Recommended route for cyclists
		Stop and Give way
		Loose chippings
		Road works ahead
		School crossing patrol
		Give way to traffic on the major road
		Cycle route ahead
		No entry
		Route to be used by pedal cyclists only.

Identify the Road Markings



Give way to traffic on the major road

Stop line at stop sign

Broken white line marks the centre of the road.

No waiting or parking at any time

Do not cross the double white lines

